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two peoples are distinct. Their languages are not mutually intelligible and the Nyakyusa despise the Kinga as dirty in habit and obsequious in manner. There were two main invasions from BuKinga: (i) that of the 'sons of Lwembe' who settled south and east of Tukuyu, and (ii) that of the 'sons of Ngomale' (or Kukwe), who settled first at Kina below the northern crater of Rungwe volcano, and then at Kabale in the foothills to the south-east. Most of the present chiefs of the Nyakyusa belong to one or other of these two lineages, and the chiefs of Ngonde are claimed by both. The arrival of the chiefs of Lwembe's line may be fixed between 1560 and 1650, i.e. before the settlement at the Cape, but after the death of the first Christian martyr in what is now Rhodesia[1] and the 'sons of Ngomale' followed them some generations later (*vide infra*, genealogies pp. 3, 27; p. 94). Two of the invading heroes, Lwembe and Kyungu, became 'divine kings' whose successors claimed spiritual authority over wide areas, and the heirs of Kyungu gradually acquired temporal power also.

About the first inhabitants of the Nyakyusa valley, the *abilema*, tradition is vague; however, it is clear that they were not one people, but consisted of small, scattered, independent groups, disparate in origin. Some were very early invaders from BuKinga, others came from near Lake Rukwa and were kin to the Bungu of the Rukwa plain. They occupied an almost empty country (as their name indicates) but they found pygmy hunters[2] in the Rungwe forests. The invaders themselves were primarily hunters and honey-gatherers, though some, at least, of them began to cultivate millet, beans, and pumpkins. One group of early inhabitants, the Penja, which was pushed into the north-west corner of the valley, has remained relatively discrete, though for the most part they have fused with the conquerors.

It is clear that nowhere were the invaders allowed to establish themselves as tyrants since, though their descendants rule over the various chiefdoms, their authority is strictly limited by the headmen of the villages who are invariably of commoner stock. Moreover, while the most sacred persons in the country are, or before the coming of the Europeans were, 'divine kings', descendants of the original heroes, chosen by each generation to become their

[1] In 1561, cf. G. M. Theal, *Records of South-East Africa*, vol. ii, p. 126.

[2] The quality of relations with the Pygmies is summed up in the ironical name for them 'Where did you see me?' (*Umbwenikagu?*) The tale is that they were very sensitive about their size and the first question on meeting a Nyakyusa was always: 'Where did you see me?' The only safe reply was: 'Far, far away!'

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entrance to the grove?' Ndembwe told me, 'You will get no cattle', and indeed the cows are aborting. He told me: 'Brew beer and look for a sheep[1] and pray to your grandfather.'

Kasitile did not find an animal for sacrifice. He slaughtered a kid 'just for meat', killing it near the grove, but without praying or taking any of the meat into the grove, for it is not customary to offer goat's meat to the shades. His health improved a little, for a time, but again he got worse and went off to see another diviner, saying: 'Perhaps there is some other cause; perhaps Ndembwe is mistaken.' He decided to go to consult an oracle some distance away 'because the oracle near home does not convince us; those who live near know all our wrongdoings; those at a distance don't know the affairs of the homesteads here'. This time Godfrey Wilson was invited to accompany him 'since he was his friend'.

Record of G.W. 8/2/37

We left Isumba about 7 a.m. and walked for an hour over the hills through the bush. Kasitile had sent his wives, Jane and Kiluleli, on ahead to tell the diviner, Nsoki, that we were coming. . . . He came in from the fields to meet us and was taken aback by the presence of a European. Kasitile kept saying: 'Do not be startled, he is from home, he is our friend.' . . . Food was served, then Nsoki's wife brought out some cooked millet porridge for the divination. He broke off a large piece and began to roll it between his hands. He smeared ointment on his hands and added powdered medicine. . . . He rolled and rolled, sometimes throwing the ball up and catching it again, spitting on his hands meantime. He murmured as he rolled, then at last he said to Kasitile, 'Speak!' Kasitile called his two wives to come near, and he explained his symptoms and the circumstances, how the sickness had fallen on him just after he had cut the tree in the sacred grove.

Nsoki asked for other possibilities. Kasitile: 'Perhaps the country is angry—I am a senior there. If it is the fathers who are angry I admit having done wrong. Perhaps my wives have committed adultery in the long grass and they are the cause of the illness.' Nsoki rolled and rolled the ball of porridge speaking aloud: 'It is Kyala above?' (looking up). Kasitile interrupted him: 'Yes, indeed, Kyala, but Kyala stands where he stood at home, does he stand alone? He stands with the fathers.' Nsoki (as he rolled the porridge): 'Your fathers are angry about that grove?' Then the ball of porridge flattened out in his hands and he broke off . . . 'No, that is not the cause' (*vide* plate 10*b*).

Rolling it into a ball again he went on: 'Your wives have committed

[1] This was Kasitile's own account. Others told us that he had been advised to look for a *bull*.

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some live coals into a small calabash and held them against Kasitile's chest 'to clear out the blood of coughing'. To pacify the shades a pot of medicines in water was put on the fire; the doctor, Kasitile, and his 'senior wife' (actually her younger sister, as Jane was away) each held the pot with a crooked finger. Then Kasitile and all his wives and children were sprinkled with the hot medicines. And the doctor told Kasitile to sacrifice a bull.

During the following week preparations for the sacrifice went ahead. Kasitile walked for some hours through the forest to call Mwamakunda, his fellow priest who always assisted him in the celebrations at Lubaga and 'sprinkling the country'. Mwamakunda is a very old man, contemporary of Kasitile's father, and he asked: 'Are you bringing your European to the sacrifice?'

KASITILE: Yes.

MWAMAKUNDA: But your father Mwakanjoki (60) did not know any Europeans, he feared them, he died without ever meeting one. After your father died, when your elder brother was alive, Europeans came —Germans—and cut down a tree, the *umwali* tree in the sacred grove near Kamesu; blood gushed out, it shouted so that it was heard in BuKinga.

Kasitile explained that the Germans had wanted timber. Afterwards Mwaipopo (the chief 116) sought a sheep and they tried to put the grove to rights ('close up') by sacrificing it. This was the tree beside which the sacred meat was always put when they sacrificed in the grove. Now one branch has grown up again from the roots.

Mwamakunda went on: 'But you did wrong at the beginning not to take the European to pray, and to tell Mwakanjoki (60) that he should not be afraid, the European has made himself our friend.' Kasitile, reporting the interview to us said: 'I concealed that we went together to the grove to pray (*vide supra*, p. 115) and Mwamakunda told me: "Let the European take something, let it stay overnight in the house, and go with him, and pray very much. . . . Mwakanjoki has gone off in a huff from your home, you have offended him yourself. Go with the European, take him to your father's home. Now your father has taken offence, he is shaking your body by night because you cut the tree; you have done wrong." ' i.e. two causes for the anger of the shades and Kasitile's consequent sickness were given: (i) the cutting of the tree by Mwakanjoki's grave and (ii) Godfrey Wilson's presence at rituals and at Kasitile's homestead. So before the sacrifice of expiation for pruning the grove was performed Godfrey Wilson went to be introduced to Kasitile's shades for the second time.

Record of G.W. 9/4/37

In the evening as the sun was setting, I went to Kasitile's house with a cloth and 2*s*. He put them in the house, took down the calabash which

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789 751 754 [753] are said to give their wives a medicine (without their knowledge) which will cause any man who lies with them to fall ill of gonorrhoea or some other venereal disease. Many Christians believe in this medicine and some inquired whether Europeans did not use it also. One family of doctors are specialists in it:

[791] The sons of Manyafu are very famous, they are great doctors. People fear them very much. No one can steal anything belonging to them or run off with their wives. If a man runs off with a wife of theirs, he will return their wife and pay. . . . Because when he has slept with the woman by night they stink in each other's nostrils, the woman stinks in the face of the man and he likewise in hers. And if rain falls by night the roof comes off the hut in which they sleep and the rain enters. Perhaps the man quarrels with the woman, perhaps frogs and snakes are numerous, perhaps gourds sprout in the house—sometimes they sprout bringing evil. So it is also if a man has run off with the wife of another and the husband goes to the sons of Manyafu. They agree to work, but he must pay them.

[681] Lyandileko, whose husband's family have owned a 'horn' for generations, was very insistent that vengeance magic maintained law and order for it could injure only the guilty. 'A thief feared to steal lest he be caught by my father-in-law (Mwaisyelage). He feared the horn if he used sorcery. He feared to seize another's cow thinking, "They will go to Mwaisyelage".' [684] And protective medicines which cause an adulterer to fall ill of gonorrhoea, or a thief to die, are considered perfectly legitimate; the misfortune would not have befallen the man unless he had done wrong.

[648] The prohibition by the government of the *mwafi* oracle has puzzled people. Medicines are admittedly dangerous, but it is held that Europeans 'encourage' witches and sorcerers by forbidding the use of the one effective weapon against them, and doctors with vengeance magic or other strong medicines 'fear the fate of the *mwafi* doctors'. There is an inescapable contradiction here, the Nyakyusa relying on *mwafi* and vengeance magic as a means of discovering criminals, and the Europeans punishing any doctor found administering poison, or intimidating people by threats. Furthermore, it is widely believed that Europeans themselves use strong medicines made up with blood. Any Europeans [186] without an obvious occupation are suspect of being *abanyambuta*, who go around killing people and taking their blood for the Government to use for medicines. One of our European friends,

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a missionary, was warned by her servants before Godfrey Wilson's arrival in her neighbourhood 'not to go out at night as there were *abanyambuta* about, sent by the Government to kill people and take their blood', and women going for firewood made a long detour to avoid his camp. One was overheard asking when she caught sight of him: 'Is that the man who kills people?' Angombwike explained that, since all really strong Nyakyusa medicines contained human blood, it was argued that European medicines, which were so powerful, must contain it also. 'They follow their own customs.'

It seems obvious to the Nyakyusa that Europeans must have strong medicines because their confidence and success are so great. Moreover, it is held (in theory) that they are immune to attacks from witchcraft. X, who had been a clerk and lost his job, and was bitter, expanded on this:

> People say that Europeans have *inyifwila* (*vide* p. 58), see they are brave, they do not fear, if someone seizes a spear they do not fear, they just come to him, they are very brave. And also the witches say that they are unable to choke Europeans. When we hear people boasting of their mystical power (*amanga*) we always say to them: 'But if that is so, go and choke a European, show us!' Then they always say, 'Oh no, we can't do that, when we go to a European house at night we find it all lighted up and flaming, we can't get near them.' I think this is the power of the Holy Spirit which you Europeans have.

He came of a well-known family of doctors and perhaps spoke from first-hand knowledge. He just laughed at the suggestion that the light might come from lamps. But the fact that Europeans were held to be immune did not prevent our servants and friends attributing our recurring attacks of malaria to witchcraft.

(*c*) DOCTORS

Among the Nyakyusa, as perhaps in every society, the doctors with the greatest reputation are those at a distance, and a high proportion of the practitioners in the country are of foreign lineages, their fathers, or grandfathers, or great-grandfathers having come in, bringing medicines with them, and begun to practice. In fact, we were assured that there were *no* Nyakyusa doctors who were famous, they were all Sangu, or Kinga, or Kisi, or from Ngonde or Misuku in Nyasaland, but detailed investigation proved this to be false. The trade in medicines from a distance is a very old one and continues today. As we have seen,

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The African National Church

Belief

1. We believe religion is an essential component of man's growth and that man should live according to his religion and not merely be a nominal member of a Church whose rules he cannot carry out. Like all other countries Africa is in need of a Church which would correspond with her God-given customs and manners.

2. We believe the commission of the Christian Church to Africa was to impart Christ and education in such a way as to fit in with manners and customs of the people and not that it should impose on the African the unnecessary and impracticable methods of European countries, such as having one wife, etc., which have no biblical authority.

3. We believe the immoralities now prevailing among us are the direct result of the unnatural position into which the African has been driven, coupled by the false and misleading theory that outside one's own Church beliefs others can do no good.

4. We believe in the fatherhood of God and the brotherhood of man regardless of colour and creed, and that the African religion with its traditions, laws, and customs was instituted by Him so that the Africans may realize Him by their own observance.

Constitution

1. The name of this Church shall be called the *African National Church*.

2. This Church shall not be antagonistic towards other organized Churches but shall acknowledge and recognize them in their own spheres whether Christian, Jewish, Mohammedan, or Buddhist; and all African religions serving God through their ancestral spirits because all are trying to uplift man towards the love of God, our opinion being that all were given by Him for the guidance of man.

3. As the African National Church is a new movement having no previous form in Nyasaland, and the first to affect the educated Natives who are outside the other organized Churches by suspension or otherwise, its ministers and other office-bearers shall be elected and ordained by the vote of the whole congregation.

4. The governance of this Church shall be according to European methods, that is to say, it shall have buildings for worship, hold conference and counsels, and keep proper records of its proceedings, funds, etc.

5. Members of the Church shall be people of good character according to the Native traditions, laws, and customs, as contained in the *First Five Books of the Christian Bible*, whether polygamists or not.

6. The Rules of faith shall be based on the said *Five Books of the Christian Bible*, and members shall be suspended only when they break such, our guidance for discipline being the *Ten Commandments*.

and try to understand the nature and reasons for change. Here, then, is a good opportunity for the study of social change – not only in land tenure as such, but also in village and family organisation, political authority and economic life.

II

The Nyakyusa are a Bantu people inhabiting the main part of the Rungwe District in southern Tanganyika, immediately to the north of Lake Nyasa. In 1948 they numbered about 199,000 in that District, but about 10,000 men were probably at the time temporarily absent from their homes and in employment in the mines and towns of the Rhodesias and South Africa (see Gulliver, 1957), whilst about 20,000 had migrated to live in the adjacent Mbeya District to the north.

The tribal area comprises a confined geographical basin surrounding the northern end of Lake Nyasa. It extends only about 40 miles from the tip of the lake at 1,550 feet above sea level to the Poroto Mountains in the north at 8,000 feet; and from east to west is only about 30 miles, from the almost sheer walls of the Livingstone Mountains (with peaks up to 10,000 feet) to the Ndali Highlands (rising to about 7,000 feet). There are therefore unusually large ecological differences within so small an area. Three major regions are to be distinguished: the "Northern Highlands" over about 4,500 feet, the low-lying "Lake Plains" in the south, and the "Central Region" in between. Everywhere rainfall is reliable and high, averaging at least 100 inches annually[1], and this amply compensates for a certain poverty and misuse of the soil, although (and particularly in the Central Region) it brings dangers of soil erosion. Except in the highest parts the banana is the staple food, supported by maize, beans, finger millet and groundnuts. In the Northern Highlands coffee has become well established as the principal cash crop: in the Lake Plains paddy rice cultivation provides both a food and a cash crop: in the Central Region the country is too low generally for coffee and too high and dry for rice; consequently cash-cropping is considerably inferior and the people's standard of living is rather poorer.

The Nyakyusa and their country tended for a long time to be relatively isolated from the outside world by high mountain walls and rain-soaked roads. In addition, or because of it perhaps, they developed an almost unique culture which was supported by considerable conservatism and high insularity. They still continue to regard their African neighbours beyond the mountains as their social and cultural inferiors. The turmoil of the slave-trade in Central Africa passed them by; in modern times they have not enthusiastically accepted Christianity and they have refused to take up the use of Swahili, the Territorial *lingua franca*. In recent years, and most especially since the end of World War II, they have, however, accepted and pushed forward with vigour a rapid and extensive economic development, involving particularly the production of coffee and paddy as cash crops, and large-scale labour migration to the south in the high-wage mining industries. The multiplicity of petty, often tiny, independent chiefdoms has been reorganised to provide four local government areas, each under a Rural Council, in which the old chiefdoms have become something like parishes[2]. Although much of the old conservatism and narrow parochialism persists, yet there is now an atmosphere of accepted change, of a keen desire for economic development, and a general acceptance of a cash economy.

Probably the most significant feature of modern life in the Nyakyusa country is the increasing scarcity of land for agriculture in relation to the

1. At Tukuyu, in the Northern Highlands, annual rainfall averaged 99.28 inches between 1919 and 1952: at Kyela, in the Lake Plains, the average between 1940 and 1951 was 106.21 inches.
2. See Kingdon, Z.E.: The initiation of a system of local government by African rural councils in the Rungwe District, Tanganyika; *The Journal of African Administration*, iii, 4, October, 1951.

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land automatically reverted to the common pool. An established villager might decide to use part of it perhaps, but not before prudently gaining the approval of the headman, lest the migrant return later and accuse him of unlawful and unfriendly seizure. If the headman agreed, as he would after a time in most cases, the newly acquired plot became part of that villager's holding with as secure a title as the rest. Such vacated land could also be allocated by the headman to a newcomer or, before the sons' village was established, to the son of a villager.

If a man had more land than he could cultivate – because, for example, his sons had left him to cultivate in their own villages, or his wife had died – he was under no essential obligation to give up any part. The headman might, if the need arose, try to persuade him to release a portion in order to make it available to someone in need; but the land-holder could refuse and the headman had to accept his refusal. As a chief depended on the support of his headmen, so did a headman's position ultimately depend upon at least the passive support of his villagers, from whose ranks he was chosen.

At the next "coming-out" ceremony the men of a village of the old chiefdom might be required to move aside in order to allow the young men, their sons, to take up the better building sites and farming land. This they traditionally did voluntarily and they built new homesteads on one side and cleared new arable plots. Once re-established in this manner, these older men would not be disturbed again and they remained secure in their new holdings. How often in fact such a displacement took place I cannot say, but it certainly seems to have occurred sometimes, for one can still trace old village sites which appear to bear out the common Nyakyusa story.

In all this it must be remembered that the spirit of village unity and coevality was held in far higher esteem than land in such a fertile country where land was plentiful and subsistence farming required but small-sized holdings. Security of tenure and defined rights to particular plots are notions belonging to a different situation and age; when land begins to be scarce and to have an economic value, and when there is danger of men not being able to obtain as much as they need roughly where they need it.

Newcomers were invariably welcomed to a village: they were supplied with a house site and an arable holding and were assisted with food until the first harvest. They were an addition to the numerical size and physical strength of the village, and they increased a headman's prestige. Their rights were no less assured than those of founder-members of the village, although their social position was less secure, at least at first, for they had not shared in the history of the community and had not grown up with the ties of village association and comradeship amounting almost to kinship.

Traditional rights in trees may be mentioned briefly. Trees were inherited without difficulty along with the land on which they stood, and a brother or son would commonly inherit the deceased's valuable trees without bothering to take the arable land around. If a man left his village and thus forfeited his land there, the position was different. Banana trees went with the land and a new occupant simply took them over; bananas are of no great value as they grow so readily and ubiquitously. Bamboos are more valuable (being used extensively in house-building) and any left behind in this way could be claimed in the first instance not by the village but by the chief. If the chief wanted them they became his property, or he could grant them to any man he favoured. Usually a chief was content to leave them: then the local kinsmen of the departed man had first claim, and if they had no use for them, or if no kinsmen were resident in the village, they became village property to be allocated by the headman. *Usyuguti* trees[1] were regarded in

1. These are valued oil-bearing trees planted by the Nyakyusa of the Lake Plains, the botanical name of which I do not know.

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The Problem of Immigrant Land-holders

Undue importance has also been given to immigrants, but their numbers are relatively small and only significant locally. Since about 1948, or a little earlier, there has been an influx of Africans into the Lake Plains: – Nyakyusa from the Highlands (chiefly from the Central Region – Pakati), Ndali from the Ndali Highlands of Rungwe District and Kinga from the Njombe District to the east beyond the Livingstones; from northern Nyasaland have come Ndali, Lambia and Sukwa, and there are also small numbers of Bemba and others from Northern Rhodesia. They have been attracted in the modern era, when local movement is easier, by the possibility of obtaining land in the northern Lake Plains, where rainfall is so high and untouched bushland has been available.[1]

These immigrants have been and continue to be almost entirely restricted to the north in the "low-density region" (see map, facing page 15). This contained the outstandingly empty area of the country and still there remain vacant lands to be taken up. Such land is usually of relatively inferior quality, easily subject to erosion and loss of fertility on the slopes of the foothills and unsuitable for paddy cultivation except in small, isolated basins. The immigrants, that is, have settled in areas rejected by most Nyakyusa. There, locally, the newcomers outnumber the indigenous population. In the flood plains, the high-density regions, the proportions of foreigners cannot be more than one or two per cent. of the population, and in most villages there are none at all.

It is true that these newcomers do occupy land which might well be used to relieve the congestion nearer to the Lake; but in practice this would not be at all easy. To take a single example: the newly opened area in the north of the chiefdom of Mwakyusa between the Kiwira and Songwe rivers is being rapidly taken up by Ndali from the north-west, Nyasalanders and Nyakyusa from the Central Region (in that order of numerical importance). A few miles to the south, in the centre of the same chiefdom, the inhabitants of the Ikolo area consistently refuse to move although they manifestly cannot meet their land needs within their present villages. They, and others like them, say with some truth that paddy cultivation is less easy and less profitable in these newer and higher areas, and that poor communications make the disposal of produce more difficult. They also say, but more often leave to inference, that they are unwilling to leave their traditional village areas and begin in new parts, even though the move required is only one of a few miles. They have not yet become sufficiently aware of the permanent gravity of modern land shortage to overcome their parochial inertia. By the time they do become aware of it the opportunity may well be lost, for immigrants continue to arrive in twos and threes, and the last vacant land may be taken. To date, however, some vacant lands remain, albeit of poor quality, into which the densely packed Nyakyusa could move, and the immigrants cannot be blamed, at least not yet, for preventing the expansion and resettlement of the local population.

At the moment the chiefs and headmen in these northerly areas are keen to obtain as many of these immigrants as possible in order to swell the number of their commoners, the size of their villages and thus, directly, their own prestige and importance. Newcomers have every opportunity to be allocated as much land as they wish, where they wish, and many are liberally assisted with food in the traditional way until they harvest their first crop. I heard no complaints from either the local Nyakyusa or the immigrants, and relations seemed to be good. Strangers must conform to Nyakyusa ways of life and to the authority of the headman and chief, although

1. Immigrants from Nyasaland are said to have come following the introduction of new regulations there prohibiting the cultivation of easily eroded hill areas.

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in fact they usually settle on the common East African pattern of scattered homesteads, each in its arable area, and not in the tight Nyakyusa village pattern.

I think that the headmen and chiefs concerned would not welcome a restraint on immigration, for it offers them a chance to emulate the numerically produced prestige of their fellows in the flood plains, to whom at the moment they feel inferior. They would, of course, most probably prefer indigenous Nyakyusa, could the latter be persuaded to settle there. As it is, at least some of the Nyakyusa of these northerly villages are trying to move into the flood plains, where they can more easily cultivate paddy and where they can join in a more active and ebullient village life.

One type of foreigner to the Lake Plains is the man (almost invariably a Nyakyusa from the Highlands) who has obtained land but does not settle on it nor in any village. He continues to live in his upland village and comes down to the plains only to cultivate and harvest his paddy field. This is strictly against Nyakyusa land law and custom and, in fact, such an absentee land-holder has often made a substantial monetary gift to the chief or headman for the protection of this extra-legal privilege. These strangers are frequently among the more wealthy upland Nyakyusa, who can afford such payments as these, and often they are of chiefly rank themselves, perhaps having kinship ties with the local chief. There are probably no chiefdoms where such strangers have not obtained paddy fields, though naturally those which contained a good deal of vacant, usable paddy land at the beginning of the cash-cropping era have most.

This does arouse a certain amount of ill-feeling and opposition amongst local villagers who have insufficient land themselves, for they lose land and gain no numerical strength or profit of any kind. The illegal action of the local chief is also condemned, especially as the chiefs should not in any case assume allocatory powers. On the other hand it must be noted that the commoners philosophically accept the supposedly protected prerogatives of their chiefs under European rule and they expect the chiefs to take advantage of them. As with the case of the minority of large land-holders, the actual effect is not particularly great and reformation here would be a minor palliative. Nevertheless in this matter there is a definite and unpopular infringement of villagers' rights and of the local customary law.

One other group of strangers may be noted for the sake of completeness. That is the Kisi, who have for at least two generations been settling along the lake shore itself from Matema in the east to the Songwe river (and beyond) in the south-west. They have come from the north-eastern shores of the lake and in the Nyakyusa area they are principally fishermen who do not, therefore, compete with the indigenous population economically. They cultivate only tiny plots of casava and sometimes of finger millet, although a few of the younger generation are now trying to grow a little paddy also. The total number of Kisi involved cannot be more than a few hundred and they have probably not increased much over the past decades. They follow an almost separate existence from their Nyakyusa neighbours, not intermarrying, and following their own way of life.[1]

1. The main Kisi settlements in Rungwe District are in the Ikombe area, an isolated peninsular south of the Lake Plains, where they number about 1,200. Another 3,000 are scattered on smaller peninsulars and in tiny lakeside basins further south along the Lakeshore. They are widely famed as potters, and they exchange their wares for cereal foods to augment their fishing.

423 Thus beyond the established fields in the vicinity of the village itself, the pattern of land holding tended to become confused. The majority of land-holders were still members of the village who were expanding their cultivation outwards, but there was a considerable number of men from neighbouring villages, and even from farther afield where opportunities were more restricted. Some men even began to have a second house, inhabi- [591] tated by a junior wife, in another village from which to continue the more easily the cultivation of new holdings.

This sort of development was in the event only a short-term process and, had pressure of population on the land not become so critical, it is not possible to say what would have been the final result upon Nyakyusa social and village organisation. It is, nevertheless, important to note that in the beginnings of the extension of arable holdings, cash-crop cultivation operated in a system in which village exclusiveness was breaking down, when residence was no longer an essential prerequisite of land-holding, and when men were neighbours in the fields as farmers without being coevals of a single village.

Once the Nyakyusa, and particularly the more perceptive headmen, began to realise that land was becoming less plentiful, indeed that it was beginning to be scarce in relation to new demands, this novel tendency was stopped fairly quickly and the old traditional principle of land-holding only by residence was reasserted. In the most recent years this has been strongly insisted on. Headmen and their villagers saw that in order to safeguard their [622] own rights they must prevent scarce, valuable land being held and used by outsiders. This reaction appears to have been universal and automatic among [186] the Nyakyusa. There was now insufficient land for everyone's demands and each village therefore looked after what it considered to be its own interests. Outsiders who already held fields could not be deprived of them, but they were not allowed to extend their holdings and every opportunity was, and still is, taken to regain control of their fields for allocation to villagers proper. Inheritance was often disallowed unless the heir agreed to come and live permanently in the village; gifts or loans to outsiders (kin or friends) were no longer permitted and most headmen seized the opportunity to re-allocate to their own villagers any alien-held plots which were not consistently maintained in cultivation.

In response to the new situation, almost everywhere village boundaries were clearly demarcated – not without a certain amount of dispute and a new recognition of inter-village opposition. Nowhere now is it possible for a man to take up land over which there is no firmly established village ownership. The significant principle has now emerged that not only does a village, as a corporate and distinct group, own its own land and is represented in this by its headman; but all land is now owned by some village. Further, at least in the high-density regions, there is no longer any vacant land to be taken up [622] and any land temporarily falling vacant comes immediately under the allocating authority of the headman.

This process, the application of this principle, is not yet quite universal 423 in the Lake Plains, and it is sometimes still possible to see it coming into 178 operation. Still in the northerly parts of the Lake Plains – the low-density region – one may see fields occupied by a variety of outsiders, for there the realisation of the significance of land shortage has been slowest to come. For example, in Mwakipesile's chiefdom in the late 1940s and early 1950s it was the practice of men from the congested villages nearer the Lake to obtain valuable, virgin paddy land in the newly opened areas in the north (near Ipinda) without residential qualifications. Many men reserved their original holdings in their own villages for food crops and had their main paddy fields in this distant area. By 1955, however, it had become virtually impossible for a non-resident to obtain extra land in this way, although still